



Fall 2020 Youth Baseball/Softball Skill's Competition League Welcome Letter

On behalf of the City of Rosemead's Parks and Recreation Department, it is a pleasure to welcome you to our new **Fall 2020 Youth Baseball/Softball Skill's Competition League**. This program is designed for your child to have a fun experience, learn the basic fundamentals, teamwork and sportsmanship while staying safe. The purpose of this Welcome Letter is to give you some general information about how the program is operated and answer frequently asked questions.

A. What is a skill's Competition League?

Similar to traditional sports leagues and the MLB Pitch, Hit and Run Competition, each participant will compete individually against other opponents each week. Points will be scored based on pitching, hitting and running the bases. The player with the total points for the week will win the match. Scores and Standing will be kept internally by Recreation Staff and league play will conclude with a one-day single elimination tournament.

B. Practice Information:

Practices will be held **outdoors** once a week beginning the week of October 5 at the Jess Gonzalez Sports Complex (8471 Klingerman St.). Participants will be assigned a practice day and time.

C. Game Information:

Games will be held outdoors once a week on Saturdays beginning October 18 at the Jess Gonzalez Sports Complex (8471 Klingerman St.). Participants will be assigned a practice day and time.

D. Age Division:

14 yrs. and Under
12 yrs. and Under
10 yrs. and Under
6-8 yrs. old.

E. COVID-19 Youth Sports Guidelines:

For the safety of all participants, staff and parents/guardians, **all** guidelines must be followed: **Please only have participant and ONE parent/guardian at Check-In Area.**

1. Social Distancing Protocol:

- a. Physical distancing of six (6) feet or more at all times and eight feet distance during times of heavy physical exertion.
- b. No Spectators are allowed past the check in area. Parents/guardian and spectators must wait in their cars in the parking lot area after check in.

2. Face Covering Protocol:

- a. All players, coaches, family members and visitors are required to wear an appropriate face covering that covers the nose and the mouth at **all times**, except while eating, drinking, when engaging in heavy physical exertion (while maintaining a distance of 8 feet or greater from others), or engaging in solo physical exertion (such as jogging by one's self). This applies to all adults and to children 2 years of age and older. Masks with one-way valves may not be used. Only individuals who have been instructed not to wear a face covering by their medical provider due to a medical condition, mental health condition, or disability that prevents wearing a face covering, are exempt from wearing one. Players should take a break from exercise if any difficulty breathing is noted and should change their mask or face covering if it becomes wet and sticks to the player's face and obstructs breathing. Masks that restrict airflow under heavy exertion (such as N-95 masks) are not advised for exercise.

3. Screening Protocols:

- a. Screening is conducted each week before staff, participants and coaches may participate in youth sports activities. Screening protocol will include an onsite temperature check and symptom check.
- b. **Temperature checks** will be conducted by Recreation Staff before entering any city fields or facilities using a non-contact thermometer.
 - i. If temperature reading is 100.4 degrees or higher, participant will sit in a cool designated for 5 minutes and staff will retake participant's temperature.
 - ii. If temperature reading is still 100.4 degrees or higher, participant will not be able to participate for the day and staff will contact parent/guardian.
- c. **Symptom Checks** will include a check-in concerning fever, cough, shortness of breath, difficulty breathing and fever or chills, and whether the person has

had contact with a person known or suspected to be infected with the Novel Coronavirus (COVID-19) within the last 14 days.

- d. These checks can be done in person or through alternative methods such as on-line check in systems or through signage posted at the entrance to the facility stating that visitors with these symptoms should not enter the premises. Parents/Guardian will be provided with a fillable form to submit questionnaire online.
- e. If the participant has no symptoms and no contact to a known or suspected COVID-19 case in the last 14 days, they can be cleared to participate for that day.
- f. If the person has had contact to a known or suspected COVID-19 case in the last 14 days, they will be sent home immediately and asked to quarantine at home. For quarantine instructions, please visit ph.lacounty.gov/covidquarantine.
- g. If the person is showing any of the symptoms noted above, they will be sent home immediately and asked to isolate at home. For more information on isolation instructions, please visit ph.lacounty.gov/covidisolation.
- h. Participants who is waiting to be picked up due to symptoms of COVID-19, or coming into close contact with someone with COVID-19, will be placed in an isolation area with staff monitoring until parent/guardian arrive to pick up participant.

4. Participants Expectations/Reminders:

- a. Participant must stay in the same group each week with the same partner and equipment (if shared).
- b. To the maximum extent practicable, players are encouraged to bring their own equipment (for example, volleyballs, knee pads, wrist band, etc.) to practice and not share equipment. Participant may engage in limited sharing of equipment, such as sharing of volleyball between two players, as part of skill-building exercises. However, sharing of equipment in this manner will only be in designated pairs of players, not as a group activity. If equipment must be shared, it is disinfected between use by different people to reduce the risk of COVID-19 spread.
- c. Coaches and participants are discouraged from making unnecessary physical contact with one another (for example: high-fives, handshakes, fist bumps) to limit the potential for disease to spread.
- d. Restrooms are available on site for participant's use, however, participant must notify Recreation Staff in order to stagger visits to allow physical distancing.

- e. We encourage participants should wash their hands frequently with hand soap for 20 seconds or more. Participant may use hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry.
- f. We encourage participants to bring their own pre-filled reusable or purchased water bottles. Water fountains are available to fill water bottles only. Players should not drink from the same beverage container or share beverages.
- g. All parents/guardians and participants must not attend if sick or has been exposed to a person who has COVID-19.

For questions or more information, please call (626) 569- 2264 or visit www.cityofrosemead.org.